

# Universidade dos Açores – Angra do Heroísmo

## Week from 15<sup>th</sup> to 19<sup>th</sup> of may

### Vegetarian lunch

#### Monday 15<sup>th</sup>

<b>Soup</b>	French garlic cream
<b>Main</b>	Soy stroganoff + french fries
<b>Desert</b>	Fruit

#### Tuesday 16<sup>th</sup>

<b>Soup</b>	Courgette with parsley
<b>Main</b>	Peas stewed with egg, carrot and potato
<b>Desert</b>	Fruit / Sweet

#### Wednesday 17<sup>th</sup>

<b>Soup</b>	Tomato, carrot and basil
<b>Main</b>	Sautéed vegetables with chickpeas, lemon and aromatic herbs + pasta
<b>Desert</b>	Fruit

#### Thursday 18<sup>th</sup>

<b>Soup</b>	Brussels sprouts and cauliflower
<b>Main</b>	Stewed soybeans with tomato sauce and oregano + white rice
<b>Desert</b>	Fruit / Sweet

#### Friday 19<sup>th</sup>

<b>Soup</b>	Tomato cream
<b>Main</b>	Vegetable tortilla with potato
<b>Desert</b>	Fruit

Your meal contains or may contain the following substances or products and their derivatives: Cereals containing gluten., Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame seeds, Sulfur dioxide and sulphites, Lupine, Molluscs. For those who are not allergic or intolerant, these substances or products are completely harmless.

Menu subject to changes due to market reasons

# Universidade dos Açores – Angra do Heroísmo

Week from 22<sup>nd</sup> to 26<sup>th</sup> of may

## Vegetarian lunch

### Monday 22<sup>nd</sup>

<b>Soup</b>	Chickpea with carrot
<b>Main</b>	Brás vegetables (french fries, egg, carrot, leek, mushrooms, peppers, olives)
<b>Desert</b>	Fruit

### Tuesday 23<sup>rd</sup>

<b>Soup</b>	Pumpkin with peppers
<b>Main</b>	Vegetables bean stew with white rice
<b>Desert</b>	Fruit / Sweet

### Wednesday 24<sup>th</sup>

<b>Soup</b>	Broccoli and turnip
<b>Main</b>	Vegetarian lasagna
<b>Desert</b>	Fruit

### Thursday 25<sup>th</sup>

<b>Soup</b>	Cauliflower cream
<b>Main</b>	Pasta with egg, black-eyed peas and vegetables
<b>Desert</b>	Fruit / Sweet

### Friday 26<sup>th</sup>

<b>Soup</b>	Carrot cream
<b>Main</b>	Stewed soybeans with sweet and sour sauce + baked potato
<b>Desert</b>	Fruit / Sweet rice

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