

Universidade dos Açores – Angra do Heroísmo

Week from 13th to 17th of march - lunch

Monday 13th

Soup	Turnip and pumpkin
Main	Fried fish with baked potatoes
Desert	Fruit

Tuesday 14th PI DAY (π)

Soup	Cream of cabbage with spinach
Main	Scrambled eggs (onion, sausage, peppers) with spiral pasta
Desert	Fruit / Sweet

Wednesday 15th

Soup	Pumpkin with watercress
Main	Chili (beans, minced beef) + white rice
Desert	Fruit

Thursday 16th

Soup	Vegetable julienne
Main	Chicken rump with spinach rice
Desert	Fruit / Sweet

Friday 17th

Soup	French garlic with mint
Main	Codfish with cream
Desert	Fruit

Your meal contains or may contain the following substances or products and their derivatives: Cereals containing gluten., Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame seeds, Sulfur dioxide and sulphites, Lupine, Molluscs. For those who are not allergic or intolerant, these substances or products are completely harmless.
Menu subject to changes due to market reasons.

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Week from 20th to 24th of march - lunch

Monday 20th

First day of Spring 

Soup	Fish
Main	Fish stew
Desert	Fruit

Tuesday 21st

World Tree Day 

Soup	French garlic cream
Main	Peas stewed with egg
Desert	Fruit / Sweet

Wednesday 22nd

World Water Day 

Soup	Turnip, leek and pumpkin
Main	Portuguese beef
Desert	Fruit

Thursday 23rd

Soup	Brussels sprouts and cauliflower
Main	Roasted chicken legs with rosemary and macaroni
Desert	Fruit / Sweet

Friday 24th

Soup	Vegetable julienne
Main	Breaded fillets with baked potato
Desert	Fruit

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Week from 27th to 31st of march - lunch

Monday 27th

World theater day 🎭

Soup	French garlic and carrot
Main	Baked fish with baked potato
Desert	Fruit

Tuesday 28th

Soup	White cabbage and turnip
Main	Stewed beans with pasta
Desert	Fruit / Sweet

Wednesday 29th

Soup	Beans with watercress
Main	Burger + french fries (ketchup, mayonnaise)
Desert	Fruit

Thursday 30th

Soup	Turnip and pumpkin
Main	Stewed chicken with spaghetti
Desert	Fruit / Sweet

Friday 31st

Soup	Tomato cream
Main	Codfish salad with chickpeas
Desert	Fruit

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