

MENU - CANTEEN

MAY 22ND TO MAY 26TH | 2023



LUNCH

DINNER*

	GENERAL	VEGETARIAN	GENERAL
MONDAY 22	Soup: Cauliflower and leek cream Main: Pasta with tuna and olives and grated carrot Desert: Fruit	Soup: Cauliflower and leek cream Main: Stewed lentils and white rice and grated carrot Desert: Fruit	Soup: Cauliflower and leek cream Main: Regional steaks with white rice and grated carrots Desert: Fruit
TUESDAY 23	Soup: Watercress Main: Baked chicken legs with carrot rice and lettuce and tomato salad Desert: Fruit	Soup: Watercress Main: Black-eyed pea salad with corn, pepper, potato, grated carrot, olives and green sauce with lettuce and tomato salad Desert: Fruit	Soup: Watercress Main: Fish fingers in the oven with diced baked potato, black-eyed peas, lettuce and tomato salad Desert: Fruit
WEDNESDAY 24	Soup: Cream of peas Main: Brás codfish with white cabbage, purple cabbage and grated carrots Desert: Fruit	Soup: Cream of peas Main: Spinach croquettes with pasta sautéed with aromatic herbs and white cabbage, purple cabbage and grated carrots Desert: Fruit	Soup: Cream of peas Main: Chicken and mushroom stew with pasta sautéed with aromatic herbs, white cabbage, purple cabbage and grated carrots Desert: Fruit
THURSDAY 25	Soup: Chicken Main: Valencian rice with lettuce and onion salad Desert: Fruit	Soup: Cream of vegetables Main: Chickpeas curry with potato and cauliflower and lettuce and onion salad Desert: Fruit	Soup: Chicken / Cream of vegetables Main: Tuna pudding with lettuce and onion salad Desert: Fruit
FRIDAY 26	Soup: White bean and cabbage Main: Hake medallions with baked potato and grated carrot Desert: Pudding / Fruit	Soup: White bean and cabbage Main: Sautéed mushrooms with chinese mix and spaghetti and grated carrot Desert: Pudding / Fruit	Soup: White bean and cabbage Main: Parsley and onion omelet with spaghetti and grated carrots Desert: Pudding / Fruit

**Dinner only in take-away.*

Note: For unpredictable reasons the menu may change.