



SASE
SERVIÇOS DE AÇÃO SOCIAL ESCOLAR
UNIVERSIDADE DOS AÇORES

Ticket system: 09:00 - 11:00 / 15:00 - 17:30
Tuesday/Wednesday/Thursday
(of the previous week)

MENU

PT

EN

SEG
MONDAY

03

Sopa: Tomate com hortelã
Prato: Lombo de porco recheado com presunto e ameixa | Pastéis de cenoura com alho francês e grão
Saladas | Arroz

Soup: Tomato with mint
Plate: Pork loin stuffed with ham and plum | Carrot pastries with leek and chickpeas
Salads | Rice

TER
TUESDAY

04

Sopa: Cenoura com feijão verde
Prato: Massada de tamboril | Strogonoff de cogumelos com castanhas
Saladas | Arroz | Batata a murro

Soup: Carrot with green beans
Plate: Monkfish pasta | Mushroom strogonoff with chestnuts
Salads | Rice | Crushed potatoes

QUA
WEDNESDAY

05

Sopa: Feijão branco (com ou sem bacon)
Prato: Escalopes de frango | Empadão de batata-doce com lentilha
Saladas | Arroz

Soup: White bean (with or without bacon)
Plate: Chicken escalopes | Sweet potato pie with lentils
Salads | Rice

QUI
THURSDAY

06

Sopa: Abóbora e laranja
Prato: Atum com molho ferrado | Pastéis de leitão | Arroz de açafrão com castanha ervilha cenoura e feijão
Saladas | Batata a murro

Soup: Pumpkin and orange
Plate: Tuna with spicy sauce | Suckling pig pastries | Saffron rice with chestnut, peas, carrots, and beans
Salads | Crushed potatoes

SEX
FRIDAY

07

Sopa: Inverno
Prato: Grelhada mista com enchidos e ananás | Feijão assado com mel | Bifinhos de seitan com natas, caju e nata vegetal
Salada | Batatas aos gomos

Soup: Winter soup
Plate: Mixed grill with sausages and pineapple | Baked beans with honey | Seitan steaks with cream, cashews, and plant-based cream
Salad | Wedges of potatoes

MARÇO |
MARCH

Dispomos de serviço take-away 292 200 411

We offer take-away service 292 200 411