



University of the Azores – Angra do Heroísmo Lunch Menu₄ | February 24th to 28th, 2025

Monday

Soup	Turnip greens, leek, and pumpkin
Plate	Pig's trotter stew ¹²
Vegetarian meal	Lentil pie ^{1,3,6,7,10,12}
Desert	Seasonal fruit

Tuesday

Sopa	Cauliflower with cabbage
Prato	Chicken rump with boiled potatoes ¹²
Prato Vegetariano	Soy chili with white rice ^{1,6,10,12,3,6,7,10,12}
Sobremesa	Seasonal fruit

Wednesday

Sopa	Turnip, zucchini, and green beans
Prato	Baked burger with aromatic spaghetti ^{1,3,12}
Prato Vegetariano	Spinach and tomato frittata with pea rice ^{3,7}
Sobremesa	Seasonal fruit

Thursday | Comadres Day

Sopa	Carrot with mint
Prato	Baked fish with boiled potatoes ^{4,12}
Prato Vegetariano	Leek à Brás ³
Sobremesa	Seasonal fruit

Friday | World Rare Disease Day

Sopa	Tomato and zucchini
Prato	Sautéed chicken cubes with pineapple and spiral pasta ^{1,3,12}
Prato Vegetariano	Stewed peas with egg and carrot ^{3,12}
Sobremesa	Seasonal fruit

Due to unforeseen circumstances, the menu may be subject to change. If you are allergic or intolerant to any substance, please consult the unit manager for more detailed information before consuming your meal. 1Cereals containing gluten., 2Crustaceans, 3Eggs, 4Fish, 5Peanuts, 6Soy, 7Milk, 8Nuts, 9Aipo, 10Mustard, 11Sesame seeds 12Sulfur Dioxide and Sulfites, 13Lupin, 14Mollusks Possible cross-contamination cannot be ruled out. For those who are not allergic or intolerant, these substances or products are completely harmless

