



UAc
UNIVERSIDADE
DOS AÇORES



Universidade dos Açores – Angra do Heroísmo

Lunch menu | Week from 29th to 31st of July 2024

Monday | International Tiger Day

Soup	Brussels sprouts and cauliflower
Normal	Stew beans with “Chispe” ^{1,10,12}
Vegan	Brás style vegetables ³
Desert	Fruit

Tuesday

Soup	Tomato Cream
Normal	Omelet (onion, sausage, olives, peppers) + pasta ^{1,3,7}
Vegan	Chickpeas curry + white rice ¹²
Desert	Fruit

Wednesday | World Nature Watcher Day

Soup	Vegetables
Normal	Brás style chicken ^{1,3,8,13}
Vegan	Soy Bolognese ^{1,3,6,10,12}
Desert	Fruit

For unforeseen reasons, the menu may change.

If you are allergic or intolerant to any substance, you should consult the person in charge of the unit for more precise information before consuming your meal. Your meal contains or may contain the following substances or products and their derivatives: ¹Cereals that contain gluten, ²Crustaceans, ³Eggs, ⁴Fish, ⁵Peanuts, ⁶Soy, ⁷Milk, ⁸Nuts, ⁹Celery, ¹⁰Mustard, ¹¹Sesame seeds, ¹²Sulfur dioxide and sulfites, ¹³Lupins, ¹⁴Molluscs. Possible cross-contamination cannot be excluded. For those who are not allergic or intolerant, these substances or products are completely harmless.

