



## University of the Azores – Angra do Heroísmo

### Lunch menu<sub>2</sub> | 15 a 19 de setembro de 2025

**Monday | Point Tolerance (Serreta) | National Health Service Day | World Lymphoma Day**

**Soup**

**Plate**

**Vegetarian meal**

**Desert**

**Tuesday | World Ozone Layer Protection Day**

**Soup** Turnip, zucchini and green beans<sup>12</sup>

**Plate** Oven-gratin chicken with vegetable rice<sup>7,12</sup>

**Vegetarian meal** Soy Bolognese<sup>1,3,6,7,10,11,12</sup>

**Desert** Seasonal fruit

**Wednesday World Patient Safety Day**

**Soup** Brussels sprouts and cauliflower<sup>12</sup>

**Plate** Stewed broad beans with egg and chorizo<sup>3,12</sup>

**Vegetarian meal** Leek à Brás<sup>3,4,8,12,13</sup>

**Desert** Seasonal fruit

**Thursday**

**Soup** Caldo Verde<sup>12</sup>

**Plate** Roast salmon with bean rice<sup>4,12</sup>

**Vegetarian meal** Stewed chickpeas with vegetables and pasta<sup>1,3</sup>

**Desert** Seasonal fruit / Jelly<sup>7</sup>

**Friday | World Bone Marrow Donor Day | International Housekeeping Day**

**Soup** Tomato, carrot and basil<sup>1,10,12</sup>

**Plate** Spaghetti with chicken nest<sup>1,3,12</sup>

**Vegetarian meal** Vegetable feijoada with white rice<sup>12</sup>

**Desert** Seasonal fruit

Due to unforeseen circumstances, the menu may be subject to change. If you are allergic or intolerant to any substance, please consult the unit manager for more detailed information before consuming your meal. 1Cereals containing gluten., 2 Crustaceans, 3 Eggs, 4Fish, 5 Peanuts, 6Soy, 7Milk, 8Nuts, 9Aipo, 10Mustard, 11Sesame seeds 12Sulfur Dioxide and Sulfites, 13Lupin, 14Mollusks Possible cross-contamination cannot be ruled out. For those who are not allergic or intolerant, these substances or products are completely harmless

